



PHYSICIANS QUALITY CARE

Your Healthy Workplace

AUGUST 25, 2025



Lower your healthcare costs with an onsite medical clinic

As a self-insured employer, you may be surprised to learn about a simple way to lower the ever-increasing cost of protecting your most valuable asset—the health of your workforce.

A Physicians Quality Care OCCMed Clinic located inside your facility can treat non-emergency workplace accidents, acute medical problems, and monitor and treat chronic medical conditions, such as high blood pressure and diabetes.

- A suddenly ill employee? Help is down the hall.
- Minor accident? Treated immediately.

- Need flu shots? No additional charge.
- Pre-employment physical? You'll have the results before you know it.

We can also offer guidance on nutrition, smoking and other lifestyle choices to improve the health and well-being of your workforce.

We will create, stock and staff an on-site medical clinic to fit your needs

Staffing: Whether you need an occasional nurse to provide first aid or a fully staffed clinic, we can do it all. You decide how and when you want your clinic staffed, and we'll make it happen.

Space: Our largest, fully staffed clinic has two dedicated rooms: one for the nurse to gather information, draw labs or blood and enter medical data into the patient's records, and another with an exam table and cabinets



Let's get started!
Contact OCCMed Director Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

for medical supplies. Our smallest clinic operates out of a converted stockroom. It's up to you.

Patient charges: Personnel costs are based on a pre-determined hourly rate. There is never an extra charge for numbers of patients seen.

Lab work? We can do it! Certain common tests, such as flu, strep, COVID and urine tests, can be performed in your clinic with the results obtained immediately. Others that require a reference lab are done at wholesale cost, saving an average of 75 percent over the same test done in a doctor's office. You also purchase and own all in-house lab tests, vaccines and non-reusable supplies, greatly reducing your costs.

Flu shots and immunizations: You own the vaccine, which is purchased at wholesale. There is no additional cost for administration.

HIPAA: The employee's medical records are confidential and protected by HIPAA. However, you will receive the same information you would get if the employee is seen at an outside facility.

Employee flu shots

Physicians Quality Care OCCMed is scheduling employee flu shots. We'll come to your worksite at your convenience to administer this season's flu vaccine.

It's cost effective in several ways to offer flu shots to your employees.

- When flu season hits, employees are less likely to get the flu. You'll have fewer absences from work because of illness.
- The flu is less likely to spread throughout your workplace and cause even more employees to stay home sick.
- Employees don't have to take time off from work to get a flu shot elsewhere.
- It boosts morale when employees know their workplace values their health.

Schedule your employee flu shots today. Contact OCCMed Director Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

We speak OSHA! To help you comply with OSHA, we offer ...

- On-site CAOHC-certified audiometry
- DOT, non-DOT & hair follicle drug screening
- Breath- & blood-alcohol testing
- Health fairs
- Strength & agility testing
- NIOSH-approved pulmonary function testing
- DOT, wellness & preemployment physicals
- Respirator-fit testing & respirator medical evaluations
- Heavy-metal testing
- Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- Nerve conduction studies
- X-rays and EKGs

Physicians Quality Care OCCMed

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OCCMed Office: 2075 Pleasant Plains Ext., Jackson, TN 38305

Office Hours: 9am–5pm weekdays

On-site Services: 24/7 by arrangement

Clinic Hours: 7am–7pm Mon-Sun (Patients use urgent care clinic after OccMed closes.)