



Your Healthy Workplace

May 2020

Testing Employees Makes Good Dollars & Sense

Companies across America are asking if they should test their workforce for COVID-19 and, if so, which test is appropriate. The following information will help you make an informed decision.

What tests are available and what does each test for?

► The molecular test – a nasal/oral swab – tests for active infection. This test should be done on symptomatic individuals or those suspected of recent exposure. It is also used to determine whether an asymptomatic employee could potentially be infecting others.

► The IgG antibody test – a blood test – looks to see if an individual has had significant exposure to COVID-19 for his/her body to mount an immune response. According to the FDA, COVID-19 antibody testing may indicate that “the person has been exposed to the virus and developed antibodies against it, which may mean that person has at least some immunity to the coronavirus.”

Why is it important to test?

An individual with a positive molecular/swab test should be quarantined and carefully observed for worsening symptoms. This person obviously should not be allowed into the workplace.

On the other hand, if an individual is asymptomatic and shows significant antibody to COVID-19, according to the FDA, this person “may be able to resume work.”

Why are negative results important?

If, for instance, a high percentage of your workforce tests negative for specific antibodies against COVID-19, it is further evidence that the protocols your company has put in place are effective. You have dramatically demonstrated successful due diligence against this pandemic.

Do my employees need to come to a Physicians Quality Care location?

No. For a minimum number of individuals to be tested, Physicians Quality Care OCCMed will come to you.

How do you bill for testing?

You have options ...

At Your Site:

► We will perform either test at your worksite for a flat fee per employee tested. This includes all tech fees, travel costs, supplies, specimen processing and reporting results.

► If each employee is insured, PQC can bill insurance. However, since insurance only reimburses for the actual cost of the test, we will charge a fee for each person tested. This fee is significantly lower than the “no insurance” fee and covers the above costs plus the extra cost of processing the insurance claim and establishing the employee in our EMR.

At Our Clinic in Jackson:

We will bill insurance. Your company will have no additional charge, and we will waive the co-pay. Results will be reported only to the employee, and it will be his/her responsibility to report results to the company. Employees may arrive individually without appointment or a block of time may be scheduled in order to test your employees more efficiently.

For more information ...

Contact OCCMed Director
Jennifer Carmack at jennifer@physiciansqualitycare.com or
731-984-8400.



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Office Hours: 9 a.m. – 5 p.m. Monday to Friday
Clinic Hours: 7 a.m. – 9 p.m. Monday to Friday
On-site Services: Available 24/7 by arrangement
jennifer@physiciansqualitycare.com • occmcdjackson.com

A safe, separate OCCMed Clinic

Wondering how your employees can come to our OCCMed Clinic for DOT physicals, drug screens, workers' comp and other needs without putting themselves at risk for COVID-19?

We've set up three totally separate clinics at our Jackson location: An OCCMed/Primary Care Clinic, our secure COVID-19 Clinic and our Urgent Care Clinic. The OCCMed entrance is on the north side of our building on Pleasant Plains Extended. It is well marked.

Do you have an employee health fair, CPR class or other occupational health event set up at your workplace?

There's no need to cancel. Even in the midst of the COVID-19 pandemic, we know our clients have other occupational health needs. We'll be there, as scheduled. We can also set up other services. Just call or email Jennifer Carmack at 731-984-8400 or jennifer@physiciansqualitycare.com.

We speak OSHA!

To help you comply with OSHA, we offer:

- ▶ On-site CAOHC-certified audiometry in our mobile unit
- ▶ DOT, non-DOT & hair follicle drug screening
- ▶ Breath- & blood-alcohol testing
- ▶ Health fairs
- ▶ Strength & agility testing
- ▶ NIOSH-approved pulmonary function testing
- ▶ DOT, wellness & pre-employment physicals
- ▶ Respirator-fit testing & respirator medical evaluations
- ▶ Heavy-metal testing
- ▶ Industrial hygiene: noise sampling, air sampling, dust sampling, etc.
- ▶ Nerve conduction studies
- ▶ X-rays
- ▶ EKGs



Physicians Quality Care
P.O. Box 12197
Jackson, TN 38308

Address Service Requested

Physicians Quality Care OCCMed provides occupational medicine services to West Tennessee's industrial base • occmcdjackson.com

Prevent the spread of coronavirus in your workplace

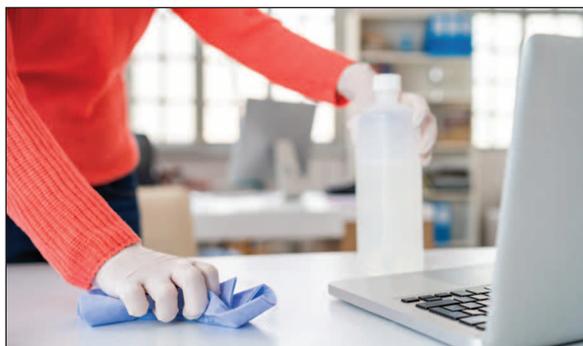
Preventing the spread of COVID-19 in your work environment takes vigilance on everyone's part ...

- ▶ Sanitize frequently touched places in your workplace. Wear disposable gloves and gowns. Remove the gloves and gowns carefully to avoid contamination.
- ▶ All employees should wash hands frequently with soap and water for 20 seconds. If soap and water are not available and hands are not visibly dirty, an alcohol-based hand sanitizer that contains at least 60 percent alcohol may be used.
- ▶ Key times to wash hands include after blowing one's nose, coughing, or sneezing; after using the restroom;

before eating or preparing food; and after contact with animals.

- ▶ Ask employees to wear a mask, practice the six-foot rule and minimize face-to-face contact.
- ▶ Provide work-from-home opportunities when possible.

- ▶ Actively encourage sick employees to stay home and follow CDC recommendations on when to return. *Source: CDC*



Free COVID-19 safety videos

PQC OCCMed has developed two, two-minute videos – one for employees and one for vendors and visitors – that offer guidelines on coronavirus safety.

The videos are available in an .mp4 format and can be used on your website, entrance monitors and other places where you need them.

For a copy of either or both videos, email or call OCCMed Director Jennifer Carmack.